



Diane Bossé uses naturally derived ingredients in her line of natural skin care products. Her products can be seen at the Valley Artisans Gallery. Submitted photo

## Valley Artisans welcome new member

Diane Bossé is the latest member to join the Valley Artisans Co-op, where she shares her passion for natural living with her line of natural skin care products.

As she states, "Our skin is our largest organ and is our body's interface with the world."

"Some commercial products contain chemicals that may produce skin problems and some may be even carcinogenic.

"Chemicals applied to the skin can penetrate the dermis and enter the bloodstream."

All of Diane's products are made with naturally derived ingredients, many of which are organic.

The local herbs and plants she sources are used to infuse the oils that go into many of her products. Synthetic chemicals are never used.

Diane first took an interest in natural living in the early 1980s after being diagnosed with Crohn's disease.

Upon discovering synthetic chemicals in many grocery store items, she began researching foods and their potential impact on the immune system.

A passion for cooking ensued and

this zeal carried over into making products her family used regularly.

Over the years, she delved more deeply into the benefits of Mother Earth. Being in nature helped her become still and increased her emotional well being and physical health.

Determined to use Earth's bounty to reduce the toxins in her life, she began experimenting with teas and skin care products. She's been formulating and tweaking recipes since.

Diane is just one of the 30 members of the co-op and her products can be seen at the Valley Artisans Gallery which is open daily from 10 am to 5:30 pm except for Christmas, New Year's Day and Easter.

### SEED LIBRARY

Got a green thumb? Interested in gardening?

The Laurentian Hills Library is looking for people interested in helping get our Seed Library up and running.

Those interested should contact Scott at 613-584-2714 for more information.

## Laurentian Hills Public Library

### POINT ALEXANDER

Story Time – Every week on Tuesdays at 10:45 am, come enjoy a story and craft. On the last Tuesday of the month enjoy a special robot story time, where the library robots will help tell the story!

Knitting Club – Get your knit on and join other knitters for a social afternoon every Thursdays from 1:30 till 3 pm. Bring your special project and enjoy some great company.

Meet Dash and Dot – come check out the robotic pair at the Point Alexander Library, Thursday mornings from 10 am to noon.

Learn to use a tablet and create programs or play with dash and dot.

### CHALK RIVER

LEGO Club – Build a LEGO balloon car and win a prize. The event is for all ages, no registration required. May 5 from 10 am – noon.

Citrus Stamping Art – Let's practice stamping to make art, using lemons and limes. Suited for ages 2 and up. Registration required. Space is limited. May 8, from 5 to 6 pm.

Meet robots EVO & SPRK+, two pocket sized robots packed with tech.

Learn to code EVO and SPRK+, have them follow a path, using a tablet or smart phone to build and control them. For ages 6+ requires no registration. May 9, 5 to 6 pm.

New time for our ongoing event Crafters & Knitters: Wednesdays at 1:30 pm. Have a crafting project on the go? Come knit, draw, etc., and swap advice with your peers!

After School Club – Mondays at 3:30 pm. Children may participate in the planned activity, grab a book, or use the computers, Wii U, Nintendo Switch, and more.

**Forty-Niners**

Euchre results from games played Tuesday, April 24 read as follows:  
 High lady - Mary Pat Ladouceur  
 Second - Melba O'Gorman  
 Most loners - Mary Pat Ladouceur  
 High man - Bill McKay  
 Second - Ken McKee  
 Most loners - Bill McKay  
 Skunks - Eileen and Margaret

911 SAVES LIVES

**Home Installs** DESIGN & INSTALLATION **designing**  
**LIVING ROOMS**  
**BEDROOMS**  
**Deep River HOME HARDWARE building centre**  
 33327 Hwy 17, W. **613-584-3375**

**Heritage Hearing Care**  
 Next date: **Friday, May 4**  
 9:30am - 11:30am  
 Available each month at North Renfrew Long-Term Care Centre!  
 Helping Ears to Hear!  
**613-735-0776**  
 heritagehearing.ca  
 Drop in for hearing aid batteries, maintenance and small repairs!  
 Appointments for other services are available upon request.

## MATCH UP

To put a free notice in Match-Up, phone the NRT office at 613-584-4161, or email <NRT@magma.ca>.

VAPORIZER: North Renfrew Family Services (NRFS) have a client who is in need of a cool air vaporizer, and another who is in need of a twin bed frame. If you can help with either of these items, please call NRFS at 613-584-3358.

TREASURES: The North Renfrew Snowmobile Association is preparing for its annual fundraising yard sale. If you have any items you may wish to donate, please contact Doug at 613-586-1951 or email <dougpinard@sympatico.ca> for pickup or other details.

PATIO: Please call 613-584-3173 if you can help a local lady who is looking for a used patio table and/or chairs, as well as some glass fruit.

QUILT FRAME: A local woman recently picked up a quilt frame that was being given away. However, it turns out the previous owner has found another piece of the base that was missed in the transfer. If this sounds like it might be you, please call Janet at 613-584-4963 to pick up the missing piece.